

Protect your beautiful skin from colder weather.



Beat The Cold Weather With These Tips

Though we wouldn't like to admit it, cold weather is on the way. Cold air is more than just a nuisance, it can wreak havoc on that beautiful skin that you've been working hard to maintain all Summer and Fall. Though the upcoming weather can be problematic, it's also in your hands to keep your skin in perfect shape. Follow this tips, and you will find that Winter's bark can be much worse than its bite:

Adapt your routine- Make sure that all of current lotions and creams can handle the drying effects of colder temperatures. Some are simply not good enough to fight winter extremes.

Time for a facial- Now is the ideal time to prepare your skin with a facial. Getting rid of the dead skin cells that have been building up will help your skin better absorb moisture from the products that you use.

Be mindful of shower time- While hot showers feel nothing short of amazing during the cold Ohio months, they will dry out your skin. Try to limit the amount of time you spend in the shower, and always be sure to apply a moisturizer after drying off.

Beware central heating- Central heating dries out the air in your home, and will dry your skin out too as a result. Investing in a humidifier to keep moisture in the air will make a big difference.

Remember that we are here to help keep you looking and feeling beautiful. [Click here](#) to learn about all of the services we offer. November is the perfect time to revitalize your skin care regimen.

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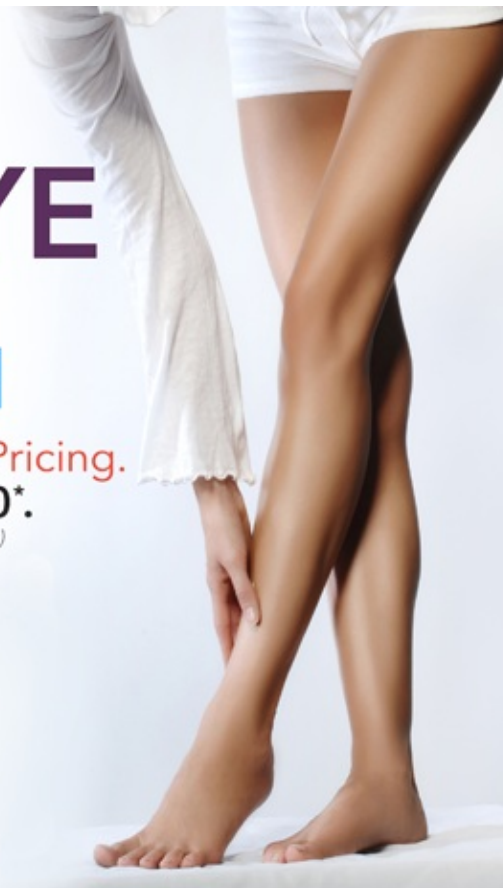
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